

MEANINGFUL LEARNING EXPERIENCES

Learning new things is easier for kids when the new part connects to something they already know a little bit about. When kids can connect their own experiences and interests, they are able to build a bridge between what they know and the new ideas and concepts, which gives the new learning meaning. This also makes learning feel like a small stretch, instead of a huge leap!

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INTRODUCING NEW SENSORY EXPERIENCES

Incorporate elements of your kids' environment into their play, like snow, water, and mud. Because your kids have seen these elements before, they are more likely to touch and manipulate them, and learn from the different ways they look, feel, and even taste!



LETTING THEIR INTERESTS LEAD

What are your kids' favorite animals? Maybe they saw a lion at the zoo and couldn't stop talking about it after. This is a great opportunity to find a book to read together about lions and learn about where they come from, which may lead to learning about habitats and Africa, and then you could locate Africa on a map together, and then the learning goes on from there!

ENCOURAGING CONFIDENCE

Cook together! When you allow your kids to independently stir, scoop, mix, and pour, you're showing confidence in their abilities. When you show you trust them, your kids learn to trust themselves as they try something new, which gives them confidence as they continue to learn and grow.

