

# FLOWER SOUP

Turn your wilting flowers into activity supplies! Whether it's a bouquet of flowers or blooms from your garden, before putting them into the compost or the trash, try this kid-led activity.



## INSTRUCTIONS

- 1 Toss flowers into a container of water – like a bin or a water table.
- 2 Include the petals, stems, and leaves.
- 3 Add some cups, spoons, a muffin tin, a measuring cup, and kid-friendly scissors.
- 4 Have your kids make flower soup!

Activity adapted from Busy Toddler

Flower soup can be anything they come up with. Let them lead, discover, and create. Your kids will likely find additional ingredients to add – like grass clippings and even dirt – and while they're at it, they will practice fine motor skills and have an unstructured sensory experience.