

GROCERY STORE BINGO!



Keep your little ones engaged while you shop!

As you walk through the store, help your kids find items that match the squares on their game sheet. Talk about the colors, shapes, names, and food groups of each item to help them learn about the foods they eat. When they spot a match, mark it off. Try to get five in a row and when they do, shout “BINGO!”

 A red fruit	 A food that comes from nuts	 Something from the ocean	 Something that comes in a jar or can	 A dairy food
 A soft food	 Something you drink	 A round fruit	 A food that starts with “P”	 A food you peel
 A fruit with seeds	 A kind of meat or protein	Free Space  Free Space	 A food made from wheat or oats	 A crunchy food
 A vegetable that grows underground	 A food you eat for lunch	 An orange vegetable	 Something frozen	 A green vegetable
 A food that starts with “A”	 A food with a sticker on it	 A sweet treat	 A food you’ve never tried	 Something you eat with a spoon